## 2026 Kendal Cup November 14th – 15th 2026

## 2026 Auckland Championships November 28th – 29th 2026

# NOR and SAILING INSTRUCTIONS

The Organising Authority is the Manly Sailing Club (MSC)
65 Laurence Street, Manly, Whangaparaoa, Auckland 0930

[NP] Denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.

[DP] Denotes a rule for which a standard penalty may be applied by the Race committee without a hearing or a discretionary penalty applied by the Sailing Committee with a hearing.

**1. Rules**

1.1 The event will be governed by the 'Rules' as defined in the Racing Rules of Sailing (RRS), including Appendix B.
1.2 The Yachting New Zealand Safety Regulations shall apply.
1.3 [DP] All sailors shall wear buoyancy vests, impact vests, or lifejackets at all times while afloat.
1.4 [DP] A suitable protective helmet must be worn at all times while afloat.
1.5 [DP] Competitors shall comply with RRS 87.1 at all times.
1.6 During long-distance races each sailor may be required to carry a flare and may also be asked to carry a tracking device and/or application associated with the sailors mobile phone.
1.7 Appendix T, Arbitration, will apply.

**2. Notice of Race and Sailing Instructions**

2.1 This document is posted on the Official Notice Board at www.manlysailingclub.org.nz Printed copies will NOT be provided.

**3. Eligibility and Fees**

3.1 The regatta is open to all windsurfing boards on foils.
3.2 The Entry Fee is NZD$40 per event (each weekend). There will be no refund if entered competitors withdraw their entry after the entry deadline
3.3 Eligible boards shall enter online by completing the entry form and submitting it, together with the required fee, at www.manlysailingclub.org.nz either by credit card or direct bank transfer by 0900 on the first day of each weekend
3.4 New Zealand competitors shall be members of Windfoil New Zealand Inc. New Zealand.
3.5 New Zealand competitors must display a Windfoil New Zealand registered sail number. International Competitors shall comply with the New Zealand equivalent or similar.
3.6 All competitors in the Youth Class shall be under the age of 19 years on 31 December 2026 All competitors in the Junior Class shall be under the age of 17 years on 31 December 2026

**4. Advertising**

4.1 Sailors may be required to display advertising chosen and supplied by the Organising Authority.
4.2 Event lycra, if provided, shall be worn outside any other clothing or equipment at all times when afloat

and during media interviews ashore

4.3 Regatta lycra and stickers shall not be cut, trimmed or altered in any way.

**5. Notice to Competitors**

5.1 Notices to competitors will be posted on the Official Notice Board. All competitors will be added as members of a Whatsapp Event community. Failure to receive or read any official notice will not be grounds for redress. This changes RRS 61.1.

5.2 Any change to these Sailing Instructions will be posted on the Official Notice Board at least 60 minutes before the scheduled start of the first race affected, except that any changes affecting the first possible start of the next day's racing shall be posted not later than 2000hrs on the day before.

**6. Signals Made Ashore**

6.1 Signals made ashore will be displayed via the Official Notice Board. Refer to 5.1 above.

6.2 Signals made over a class flag apply to that class only.

**7. Event Schedule**

7.1 The daily schedule will be determined by weather forecast and conditions.

7.2 Registration can be completed online with a button on the "Event Page" on the Manly Sailing Club website to confirm your attendance for the event.

7.3 Equipment inspections may take place at any time during the event.

7.4 Event Schedule and briefings:

| Date: | From: | To: | Event |
|---|---|---|---|
| Sat<br>14th<br>28th | 0900 | 1100 | Registration |
| Sat & Sun<br>14th & 15th<br>28th & 29th | 1200 | 1215 | Briefing |

7.5 Racing Schedule:

| Date: | Time of the First Warning Signal: | No Warning signal shall be made after: |
|---|---|---|
| Sat 14th & 28th | 1255 | 1800 |
| Sun 15th & 29th | 1255 | 1600 |

7.6 A 'daily intended race schedule and format', and the scheduled time of different types of races may be published on the Official Notice Board or announced at the daily briefing.

7.7 On the last day of racing no warning signal will be made after 1600hrs.

7.8 The prize giving will be held as soon as reasonably possible after the completion of racing.

**8. Format of Racing**

8.1 Course format to be raced will be described at the briefing each day

**9. Divisions and Class Flags**

9.1 See appendix 1

9.2 The class flags are described below.

| Fleet and Class Flags | Division |
|---|---|
| | All Classes |

**10. Racing Area**

10.1 The Race Area will be the waters of the Hauraki Gulf off Polkinghorne Bay and the Manly Sailing Club.

**11. Courses**

11.1 The Race Committee will determine the race format and the courses at their discretion.

11.2 If more than one race format and/or if more than one course option is prescribed for the day's racing, no later than one minute before the warning signal the Race Committee signal vessel shall display the course to be sailed.

11.3 For the Junior , Masters and Open Fleets only, any Course Racing will consist of one lap.

**12. Marks**

12.1 The starting marks, finishing marks, and marks on the course will be described at the briefing.

**13. The Start**

13.1 The starting line will be between a staff displaying an orange flag on the starting vessel at the starboard end and the starting mark.

13.2 To alert boards that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least 2 minutes before a warning signal is made. No sound will be made when the flag is lowered.

13.3 The following start sequence will be used:

| **Minutes before starting signal** | **Visual Signal** | **Sound Signal** | **Meaning** |
|---|---|---|---|
| 5 | Orange Flag displayed | one long | |
| 3 | Class Flag displayed | one | warning |
| 2 | U or Black flag displayed | one | Preparatory |
| 1 | U, or Black flag removed | one long | one minute |
| 0 | Class flag removed | one | start |
| 2 | Orange flag removed | none | start closed |

13.4 A boat starting later than 2 minutes after their starting signal will be scored Did Not Start "DNS" without a hearing. This changes the DPS.

**14. Change of Course**

14.1 From the time of the Class flag being displayed, the courses will not be changed.

**15. The Finish**

15.1 The finishing line will be between a staff displaying a blue flag on the finishing vessel at one end and the orange buoy at the other end.

15.2 A finish position will be given to Silver fleet competitors if the finish time window has passed. The position will be taken from the last mark rounding.

**16. Target Times and Time Limits [NP]**

| Course | TARGET TIME | FINISH WINDOW | TIME LIMIT |
|---|---|---|---|
| Slalom | 6 min | 4 min | 8 min |
| Course | 16 min | 6 min | 23 |
| Marathon | 60 min | 30 min | 90. min |

**17. Penalty System**

17.1 RRS 44.1 is changed to a penalty consisting of, upwind, one tack and downwind one gybe (360 degrees) to be done continuously and as soon as possible.

17.2 Alternatively, in accordance with RRS 44.1 of Appendix B, a competitor may elect a Scoring Penalty in lieu of completing a One-Turn penalty. The Scoring Penalty will be 2 points added to the competitor's finishing place in that race.

**18. Scoring**

18.1 There will be 7 scoring divisions as per 9.1 above.
18.2 There must be a total number of 4 entrants to constitute a division
18.3 2 races are required to constitute a series.
18.4 When fewer than 5 races have been completed, a board's score will be the total of her race scores
18.5 When from 6 to 8 races have been completed, a board's score will be the total of her race scores excluding her worst score.
18.6 When 9 or more races have been completed, a board's score will be the total of her race scores excluding her two worst scores.
18.7 A course race will be scored as a single race in a series
18.8 A sprint slalom race will be scored as a single race in a series.
18.9 A marathon will be scored as two races in a series The score for any marathon race shall not be excluded. This changes RRS Appendix A.

**19. Safety**

19.1 **[DP]Signing On and Signing Off:** Every competitor shall 'sign-on' before leaving the beach and shall ' sign-off' by either:-

1) Scanning their issued wrist band at the Sign-in, Sign off desk located on the ground floor of the MSC. Or
2) By signing a more traditional paper based Sign-in, Sign off system. Which system in use on the day, will be at the Race Office discretion and will be advised to competitors before race day or at the Briefing at the latest.
3) Failure to sign-on will incur a discretionary penalty in race one and failure to sign-off will incur a discretionary penalty in the last race of the day.

19.2Boards not leaving shore for the day's races shall notify the Race Committee as soon as possible.
19.3 A board that retires from a race shall notify the Race Committee as soon as possible.
19.4[DP]. Failure to comply with Safety rules will result in a penalty point.

**20. Official Boats including Support and spectator.**

20.1 Official boats will be as described at the briefing.

20.2 All support vessels shall keep at least 100m from the racing area whilst boats are racing.

20.3 Sufficient personal flotation devices for each crew member must be carried or worn in all support vessels at all times in accordance with New Zealand Maritime Law.

20.4 Kill-cords must be worn at all times.

**21. Radio Communications**

21.1 Except in an emergency, a board shall neither make radio transmissions while racing nor receive radio communications not available to all boards. This restriction also applies to mobile telephones.

**22. Drug Testing**

22.1 Competitors are reminded of the World Sailing rules and regulations concerning the use of banned methods and substances, which are contained in the World Sailing Anti-Doping Code. Drug testing may take place during this event.

**23. Prizes**

23.1 The following prizes for the event may be given at the discretion of the Class Association:

- 1st / 2nd / 3rd IQ Foil 7.3m Women & Youth Women combined
- 1st / 2nd / 3rd IQ Foil 8.0m Men & Youth Men combined
- 1st IQ Foil 7.3m Youth Women
- 1st IQ Foil 8.0m Youth Man
- 1st IQ Foil 7.0m Junior Man & Women combined
- 1st Open Man & Women combined
- 1st Open Masters & Grand Master combined

**24. Disclaimer of Liability**

24.1 Competitors participate in the event entirely at their own risk. See RRS Rule 4, Decision to Race. The Organising Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event.

**25. Media Rights, Cameras and Electronic Equipment**

25.1 By entering the event, competitors automatically grant Yachting New Zealand, and the Organising Authority and their sponsors, the right in perpetuity to make, use and show from time to time at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of them or their equipment, taken during the period of the regatta, for the said regatta as defined in the Notice of Race and Sailing Instructions in which he/she participates without compensation.

**26. Protests and request for redress**

26.1 Please note clause 17.2 and the 'Scoring Penalty' system being offered.

26.2 Protest forms are available at the Race Office, located downstairs in the MCC. Club Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

26.3 DP][NP] Boards retiring from racing after finishing shall notify the Race Office before the end of the protest time limit.

26.4 The protest time limit is 60 minutes after the last board has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.

26.5 Notices will be posted on the official notice board located at the front entrance of the Manly Sailing Club within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

**27. For further information please contact:**

Gary Hill
President Windfoil New Zealand
0272992725
garyhillnz@gmail.com

Appendix1

| | Class/Gender | Age group | Equipment to be used | Age at date | Laps | How its scored | Places awarded |
|---|---|---|---|---|---|---|---|
| 1 | iQFoil Men | Unrestricted | 8sqm iQ Foil Equipment | NA | 2 | Scored as one group | 1st, 2nd 3rd |
| 2 | iQFoil Youth Men | <19y | 8sqm iQ Foil Equipment | @ 31 Dec 2026 | 2 | | 1st |
| 3 | iQFoil Women | Unrestricted | 7.3sqm iQ Foil Equipment | NA | 2 | Scored as one group | 1st, 2nd 3rd |
| 4 | iQFoil Youth Women | <19y | 7.3sqm iQ Foil Equipment | @ 31 Dec 2026 | 2 | | 1st |
| 5 | iQFoil Junior Men and Women | <17y | 7.0sqm iQ Foil Equipment | @ 31 Dec 2026 | 1 | Scored as one group | 1st |
| 6 | Windfoil Open Men and Women | Unrestricted | Unrestricted | NA | 1 | | 1st |
| 7 | Windfoil Open Masters & Grand Masters | >40 | Unrestricted | @ 31 Dec 2026 | 1 | | 1st |